

**MASS INTENTIONS
FOR THE WEEK OF MARCH 1
TO MARCH 7**

SECOND SUNDAY OF LENT

Monday	6:30 a.m.	Jim and Catherine Goosby
	8:30 a.m.	Ed and Mary Vahey
Tuesday	6:30 a.m.	Agnes Morgan
	8:30 a.m.	Tommy Grissom
	7:00 p.m.	Father John Cummings
Wednesday	6:30 a.m.	Arnold and Erika Ing
	8:30 a.m.	Lila Wolfe
Thursday	6:30 a.m.	Jim and Isabel Reidy
	8:30 a.m.	George Stevenson
Friday	6:30 a.m.	Sister Mary Austin, O.S.F.
	8:30 a.m.	Lila Wolfe
	7:00 p.m.	Dorothy D. Bonner
Saturday	8:30 a.m.	Joe and Virginia Donnelly
	5:30 p.m.	Jim Hatton
Sunday	8:30 a.m.	Jackie Rejuney
	11:30 a.m.	Lynn Cootes
	5:00 p.m.	Intentions of Parishioners

Perpetual Adoration of the Blessed Sacrament during Lent began after the 7:00 p.m. Mass and Benediction on Shrove Tuesday and will end prior to the 7:30 p.m. Mass of the Lord's Supper on Holy Thursday. For more information, please call Greta at (Contact Parish Office).

**LARCUM - Lutheran-Anglican-Roman Catholic-
United Methodist Covenant**

We give thanks for communities of LARCUM and their work for Christian unity. Pray for:
Good Shepherd Lutheran Church, Virginia Beach
Episcopal Church of the Ascension, Norfolk
Catholic Chapel, Naval Station, Norfolk
Sandbridge Community Chapel United Methodist Church,
Virginia Beach

DO YOU KNOW?

From the Catechism of the Catholic Church

1. If we persist in lesser sins long enough, this can lead to serious sin. True or False?
 2. Some social situations and institutional structures can also be called sinful. True or False?
 3. What three conditions must be met for there to be grave sin?
- Last Week: 1. Mortal and venial sin (par. 1855) 2. True (par. 1849) 3. Pride, avarice (greed), envy, anger, lust, gluttony, and sloth (par. 1866)

Anointing of the Sick - The Sacrament is administered on request to those who are ill at home, in the hospital, or in a nursing home.

Prayer List - Please contact the Parish Office at 622-1120 to have a loved one placed on or removed from the Prayer List.

THANK YOU to all who participated in our CTK George Washington's Birthday (Presidents' Day) Red Cross Blood Drive. Forty-six donors presented, thirty-nine donors were accepted for donation. This was a wonderful increase as the Red Cross was short 1000 due to weather. Thanks so very much for your donation and for your patience.

READINGS FOR MARCH 7, 2010

Third Sunday of Lent

Reading I: Ex 3: 1-8a, 13-15

Ps 103: 1-4, 6-8, 11

Reading II: 1 Cor 10: 1-6, 10-12

Gospel: Lk 13: 1-9

TO SCHEDULE AN EVENT
AT CTK PARISH OR SCHOOL,
PLEASE CALL TERRY AT 625-0208.

CTK Annual Youth Yard Sale

Saturday, April 24

Donations are now being accepted.

For more information,
please call Robyn at (Contact Parish Office) or Michelle at
(Contact Parish Office).

**Stations of the Cross, Benediction,
and Pasta with the Pastor**

Friday evenings during Lent.

Stations of the Cross and Benediction at 6:00 p.m.,
followed by Pasta with the Pastor.
Meatless pasta dishes and sides to share are welcome.
Participants are also invited to drop their questions
into a box for later discussion.

For a complete schedule of Masses, devotions,
and events at CTK during Lent and the Triduum,
please pick up a schedule from the commons.

Thank You

Thank you for the warm reception on the occasion of my
90th birthday. God bless all of you for your thoughtfulness.
~ Bill Wolfe

Thank you for your prayers, cards, and good wishes for my
recovery. It is great to be able to return to church and back
with my Christ the King family.

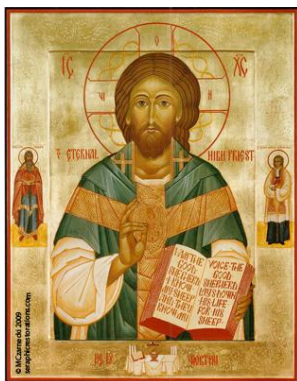
~ Muriel Peck

The Girl Scouts will be selling Girl Scout Cookies
in the commons after weekend Masses.

The Next Scout Sunday Mass will be celebrated
at CTK this Sunday, February 28, at 11:30 a.m.

Blood Pressure Screening by our Parish Nurses
will be after all Masses this weekend.

Regional Reconciliation Service at CTK
Thursday, March 11, at 7:00 p.m.



Year for Priests

19 June 2009 to 19 June 2010

Dear Lord,
we pray that the Blessed Mother
wrap her mantle around your priests
and through her intercession
strengthen them for their ministry.

We pray that Mary will guide your priests
to follow her own words,
“Do whatever He tells you” (John 2:5).

May your priests have the heart of St. Joseph,
Mary’s most chaste spouse.

May the Blessed Mother’s own pierced heart
inspire them to embrace
all who suffer at the foot of the cross.

May your priests be holy,
filled with the fire of your love
seeking nothing but your greater glory
and the salvation of souls.

Amen.

Saint John Vianney, pray for us.

For more information, please visit:

- ❖ <http://www.vatican.va> (Click on “*Year for Priests.*”)
- ❖ <http://www.usccb.org/yearforpriests/>
- ❖ <http://www.behind-the-collar.com/>
(Link from the Catholic Diocese of Richmond)
- ❖ <http://www.kofc.org/eb/en//index.html>
(Type “*Year for Priests*” in the search box.)

The Legion of Mary is looking for people who pray the Rosary daily. If this includes you, why not become an Auxiliary Member? If interested, call Donna at (Contact Parish Office).

The ANNUAL DIOCESAN HAITI GATHERING will be held on Saturday, March 20 at St. Thomas Aquinas in Charlottesville from 8:45 a.m. – 4:00 p.m. All those involved in Haiti Twinning or interested in Haiti are welcome to join in a day of celebration, education, and networking. This year’s focus is “Haiti Solidarity – After the Earthquake” Our Stories, Our Struggles, and Our Search for Solutions”. The registration fee of \$20 includes continental

breakfast, lunch, and handouts. To register call Patrice (Contact Parish Office) or e-mail (Contact Parish Office). **Catholic Charities of Eastern Virginia** extends heartfelt prayers and concerns to all of the individuals and families so tragically impacted by the earthquake in Haiti. Those who wish to donate to victims of the quake are urged to support **Catholic Relief Services**, the Church’s agency for international response, through its web site www.crs.org. Donations are accepted by phone by calling 1- (Contact Parish Office) from 8:00 a.m. to 11:00 p.m. EST or by mail to Catholic Relief Services, P.O. Box 17090, Baltimore, MD 21203.

Haiti Donations

- A new law allows you to claim donations for Haitian relief on your 2009 tax return.
- To be eligible for a deduction on your 2009 tax return, donations must be made after January 11, 2010 and before March 1, 2010.
- You have the option of deducting these contributions on either your 2009 or 2010 tax return, but not both.
- Federal law requires that you keep a record of any deductible donations you make. Be sure to keep a bank record, such as a cancelled check or a receipt from the charity.
- Contact the parish office if you need a special contribution letter for your Haitian relief donations.
- <http://www.irs.gov/newsroom/article/0,,id=218678,00.html?portlet=7>

Christ the King offers free childcare for children ages six months to four years of age during the 8:30 and 11:30 a.m. Masses. At least one adult who is Virtus trained always staffs the nursery at those Masses. Currently the nursery needs more help. We are short volunteers for the nursery especially at the 11:30 Mass, which is making it difficult to keep the nursery open every weekend. You currently do not have to be Virtus trained to help. If you would like to find out more information or to help out, please come visit the nursery or contact Shannon Hicke at (Contact Parish Office) or (Contact Parish Office).

Parish Nurses: Cleaning for a Reason: If you know a woman currently undergoing Chemo, please pass the word to her of a cleaning service which provides FREE housecleaning - one time per month for four months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service.

<http://www.cleaningforareason.org>

Healing the Wounds of Abortion

Project Rachel reaches out to all women and men hurting emotionally and spiritually after involvement with abortion. This ministry helps heal your wounded relationships with yourself, your child, and God. Extending God's compassion, unconditional love, and forgiveness.

Project Rachel offers hope and (Contact Parish Office) 1- (Contact Parish Office), (Contact Parish Office)

☞ ON-GOING GROUPS ☞

Scouting: Please contact the Parish Office.

Justice and Peace: Please join us in the commons on the third **Tuesday** of each month at 7:30 p.m. as we study the Saint Vincent de Paul Module for Justice and Peace. For further information, please call Wendy Mallory at (Contact Parish Office).

Wednesday Women's Bible Study: Please join us as we study *Courageous Love, A Bible Study on Holiness for Women* from 9:30 - 11:00 a.m. at the home of Michelle Gray. Any questions regarding the book OR the flavor of coffee served, please contact Michelle Gray at (Contact Parish Office).

CTK Sunday Women's Bible Study: We are studying *Women in the New Testament* in the school from 9:45 to 11:15 a.m. This is a great opportunity to study God's Word, pray, and enjoy fellowship. Feel free to join us. For information, please contact Theresa Rozelle at (Contact Parish Office).

Sunday Morning Bible Study meets from 10:00 to 11:00 a.m. in the Bible study room. We will be reading and discussing Luke's Gospel and how it relates to our lives today. All are welcome. Contact: Steve Cyr: (Contact Parish Office).

The Spirit of God Catholic Charismatic Prayer Group meets on Wednesdays from 7:00 to 8:30 p.m. in the Upper Room Lobby. Contact Steve or Trish Cyr at (Contact Parish Office). All are welcome to attend.

The Legion of Mary meets on **Wednesdays** at 7:00 p.m. in the church commons. If interested, please contact Donna at (Contact Parish Office) or Enida at (Contact Parish Office) (new number).

The Knights of Columbus Council 367 business meeting is held the first Wednesday of the month; social meeting is held on the third Wednesday of the month, both at the Knights' Hall at 5201 Kennebeck Avenue in Norfolk. For more information, please call Rich at (Contact Parish Office).

Catholic Daughters of the Americas, Court Norfolk 1212 meets on the third **Sunday** of the month at 2:00 p.m. at Memorial Hall behind Saint Pius School. For more information, please call Pat at (Contact Parish Office).

The Women's Club will meet again this Sunday, February 28, from 1:00 to 3:00 p.m. in the commons. Refreshments will be provided. We hope to meet together once a month for crafting and to have enough crafts made to do a craft show on CTK Day. We will all be learning, so if you don't craft, come and learn with us. Also, you are welcome to bring craft materials to share and crafts not yet completed. Questions? Please contact Sherry at (Contact Parish Office), Theresa at (Contact Parish Office), or Greta at (Contact Parish Office).

Church Cleaning Teams: Team Four will clean on Thursday, March 4, at 4:30 p.m. If you are interested in helping out with any of our Teams, especially Team Two, one Tuesday a month at 9:45 a.m., please contact the parish office.

Young Adult Group: Please contact Chara at 757- (Contact Parish Office) or at (Contact Parish Office) or Katie at 757- (Contact Parish Office) or at (Contact Parish Office). Friend us on Facebook, too!

Children's Choir meets every Wednesday from 6:00 to 6:45 p.m. in church. Open to all students from Grades 1 to 5. **Adult Choir** meets every Wednesday from 7:00 to 9:00 p.m. in Church. Open to all parishioners

☞ CTK SCHOOL ☞

School Lunch Program

CTK School participates in the National School Lunch Program under USDA. Applications for free and reduced lunches are available in the school office, cafeteria office, or the school website.

Saint Columba Ecumenical Ministries, Inc.

Saint Columba continues to have extremely high numbers of food referrals each month, sometimes over 150! We usually have 90 referrals each month. As such, we continuously need to restock many of the staples we give out in food requests and need your help! Please help us restock with things like **cereal, tuna, macaroni and cheese, soups, canned fruit and vegetables, canned meats, pasta, dried potatoes, rice, pasta, spaghetti sauce, ravioli, beans, jello, peanut butter and jelly!** We are in need of razors, men's jeans size 32-36 mainly, rain ponchos, work pants (sizes, 30, 32, 34), and bottled water. We encourage folks to refill the bottles. Saint Columba relies on the generous giving of our community to continue to provide to those in need. <http://www.stcolumbaministries.com/>

Please feel free to contact Alicia at (Contact Parish Office).

Saint Benedict's Chapel of Chesapeake sponsors a Group Rosary for the end of abortion at the Norfolk Planned Parenthood office **every second Saturday of the month at 10:30 a.m.** Norfolk Planned Parenthood is located at 425 West 20 Street, Norfolk, VA 23517. Additional participants would be most welcome. The Rosary is led by Saint Benedict's pastor Father Nichols. This time is dedicated to peaceful and family- friendly prayer; no picketing or signs are used. For more information you may contact Dave or Traci Roddy at (Contact Parish Office) or (Contact Parish Office).

The February Poor Box will benefit the Human Warmth Fund. This fund provides fuel assistance to the financially disabled. Administered by the Lutheran Council of Tidewater, they are located at 400 W. Onley Rd. Suite C, Norfolk 23507. The council works hand-in-hand with the Church Social Ministries Resource Center.

Our coldest months are now here.

The Knights of Columbus, Council 367 will hold its *All You Can Eat Spaghetti Dinner* on Sunday, March 21, from 1:00 to 6:00 p.m. at the Knights' Hall at 5201 Kennebeck Avenue in Norfolk. Cost of tickets is the usual \$5.00 per person. Children age five and under eat for free. Proceeds benefit the School Sisters of Notre Dame (SSND) Charity Fund. Tickets will be sold after Masses on March 13-14 and on March 20-21.

Birthright Charity Bowl Seven ~ Seven is Heaven
You're invited to join the fun on Saturday, April 10, at Victory Lanes Bowling Center, 2513 Victory Blvd. in Portsmouth. Sessions begin at 12:30 p.m. and at 3:00 p.m.

Cost is \$25.00 per bowler. Entry fee includes three games, shoe rental, snacks, plus goodie bags and door prizes.

Sign up today and reserve your lane! Proceeds benefit Birthright of Norfolk, a non-profit emergency pregnancy service, assisting women in our area since 1971. Maximum cost for a family is \$100.00. Please call Laura at (Contact Parish Office).

www.birthright.org/

☞ CTK SCHOOL PTO ☞

Cougar Cash News

Congratulations to the winners of the **Very Merry Cougar Christmas** contest:

\$100 Winner.....Rebecca Ing

\$50 Winners.....Michelle Moen and Rocio Bindon

Thanks to all parishioners for using Cougar Cash and supporting the school! Using Cougar Cash to make your purchases for gas, putting food on the table, gift giving, and everyday needs and wants helps Christ the King School without taking extra money out of your pocket. To buy Cougar Cash stop by the table in the commons after Masses, or the table in the main lobby of the school from 7:45-8:15 a.m., or go on line at www.shopwithscrip.com. Christ the King's enrollment code is **88E9B34112774**. Family and friends can also enroll and shop on line. If you want the rebate from your purchase to go to a specific family, put their child(ren)'s name where they ask for the student name on the enrollment page. Otherwise rebates go into the general fund to help all. Questions ... Contact Elizabeth Kukanich at (Contact Parish Office) or (Contact Parish Office).

Harris Teeter VIC Cards

Now is the time to reactivate your Harris Teeter VIC card to donate to CTK. Please see the Harris Teeter customer service desk the next time you are shopping and ask them to connect your VIC card to CTK (account #4393). Or e-mail your VIC card number to (Contact Parish Office) to have it done for you. Be sure to remind other family members, parishioners, and friends to reconnect their cards to CTK .

Birthright Needs Volunteers

Birthright is an emergency pregnancy service that provides resources and assistance for a woman who may be pregnant. It is staffed completely by volunteers who provide friendship counseling, take and respond to Hotline calls, help with fundraising projects, and assist with determining resources that are available in the community. Interested persons may call Birthright at (Contact Parish Office) or Maria at (Contact Parish Office) for further information.

Mass Times for Travel

Visit <http://www.masstimes.org> or phone 1- (Contact Parish Office) for a computer-generated voice which gives Church locations and Mass times after entering the zip code or phone number of the desired USA church location.

Copies of the CTK Prayer List are available on the round table in the commons.

THE BRICK DRIVE IS STILL ON

Come and see the cross in the patio outside the school cafeteria!!! We are continuing to take orders for Brick

Messages – messages memorializing loved ones, giving thanks, simply stating families' names, or any sentiment dear to your hearts. All proceeds are going directly to the Building Fund. Payment of \$100 for a brick can be made in cash, with checks payable to the "CTK Building Fund", or by credit card. Order forms are available in both the school and church offices. Questions can be directed to the school or church offices. Thank you in advance for your support!

"Journal With Christ" Lenten Writing Workshop, Saint John the Apostle Catholic Church

What sacrifice are you making for Lent this year? Why not create a spiritual journal? A spiritual journal provides a sacred space for prayer requests, reflections of gratitude, scripture notes, and other written expressions of faith. *Journal With Christ* is a six-week writing workshop in which we will explore our faith through reflections and guided writing prompts designed to enhance spiritual growth. There are two options to participate: Small Group Workshop: Wednesday evenings, February 24 - March 31, from 7:00 - 8:30 p.m., SJA School (limited space available) Online Workshop: Weekly writing prompts delivered via email. Sessions will be led by journal coach and SJA parishioner Theresa Ceniccola. Registration fee is \$60/person for the small group series, or \$30/person for the online version. Several scholarships are available for those who need financial assistance. To register or for more information, visit www.writetohealth.com or call (Contact Parish Office).

Divine Mercy Devotions

The Feast of Divine Mercy falls on the First Sunday after Easter, on April 11 this year. The Legion of Mary is sponsoring a nine-day Novena and Chaplet of the Divine Mercy starting on Good Friday right after the 8:30 a.m. Morning Prayer and Rosary. Leaflets will be provided. All parishioners and visitors are welcome.

We also will be praying the Divine Mercy Chaplet each Saturday after the 8:30 a.m. Mass and Rosary all during the year. For more information, please call Enida and Brad at (Contact Parish Office) (One must dial the 757 to make the call.)

Church Cleaning Team Two, one Tuesday a month at 9:45 a.m., needs more members. If you can help, please call the parish office.

From the Office of Vocations: 25 Hours of Silence Adult Retreat ~ from 6:30 p.m. on Friday, April 9 to 8:30 p.m. on Saturday, April 10, 2010 at Roslyn Retreat Center, Richmond, VA. In the midst of our busy, noisy, crazy lives, it is sometimes difficult to hear the voice of God, and it is often difficult to listen to our own heart. If you feel called to listen more attentively to Christ, then this is the retreat for you! Join us for our SILENT RETREAT at the Roslyn Retreat Center. Participants are asked to shut off all of their cell phones, iPods, and computers. They are asked to refrain from talking. They will be asked to create an interior and exterior silence, so that they can listen to the voice of the Lord in new ways. The retreat will be led by Fr. Michael Renninger and other priests of the Diocese of Richmond. Cost is \$45.00 per retreat participant. Space is limited - sign

up today! For more information, contact the Office of
Vocations:

Fr. Michael Renninger, Vicar for Vocations – Diocesan
Recruitment, Applicant Screening, Candidate Formation,
Seminary Relations, (Contact Parish Office)
804.359.5661 x207; Mrs. April McNulty,
Administrative Assistant – Communication, Office
Management, Archive Administration (Contact Parish
Office), 804.359.5661 x206