

**MASS INTENTIONS  
FOR THE WEEK OF JANUARY 18  
TO JANUARY 24  
SECOND SUNDAY IN ORDINARY TIME  
Respect Life Sunday**

The Parish Office will be closed on Monday  
in observance of the Birthday  
of Dr. Martin Luther King, Jr.

<b>Monday</b>	8:30 a.m.	Marie Buchanan
<b>Tuesday</b>	8:30 a.m.	Respect for Life
	7:00 p.m.	Our Godchildren and Godparents
<b>Wednesday</b>	6:30 a.m.	I.H.O. Saint Martin
<b>Thursday</b>	8:30 a.m.	Frances Louise LeBlanc
<b>Friday</b>	No Mass	
<b>Saturday</b>	8:30 a.m.	Elizabeth Blow
	5:30 p.m.	Linda Dorsey
<b>Sunday</b>	8:30 a.m.	The Waters Family
	11:30 a.m.	James Thomas Langston
	5:00 p.m.	Intentions of Parishioners

First Friday Adoration of the Holy Eucharist is from 9:00 a.m. to 8:00 a.m. First Friday Mass is celebrated at 8:30 a.m. First Friday Mass and Benediction is celebrated at 7:00 p.m., preceded by the Sacrament of Reconciliation at 6:00 p.m.

**TO SCHEDULE AN EVENT  
AT CTK PARISH OR SCHOOL,  
PLEASE CALL TERRY AT 625-0208.**

**LARCUM - Lutheran-Anglican-Roman Catholic-  
United Methodist Covenant**

We give thanks for communities of LARCUM and their work for Christian unity. Pray for:  
Good Shepherd Lutheran Church, Virginia Beach  
Saint Bride's Episcopal Church, Chesapeake  
Good Shepherd Catholic Church, Smithfield  
Saint John United Methodist Church, Norfolk

**DO YOU KNOW?**

**From the Catechism of the Catholic Church**

1. Virtues influence daily thoughts and actions. True or False?
  2. Special human virtues which play a key role and round which the other virtues are grouped are called \_\_\_\_\_.  
a. cardinal virtues b. theological virtues c. moral virtues
  3. What is the virtue that disposes us to choose the true good?  
a. prudence b. justice c. fortitude d. temperance
- Last Week: 1. Virtues (par. 1803) 2. False (par. 1804)  
3. prudence, justice, fortitude, and temperance (par. 1805)

**Anointing of the Sick** - The Sacrament is administered on request to those who are ill at home, in the hospital, or in a nursing home.

**Prayer List** - Please contact the Parish Office at 622-1120 to have a loved one placed on or removed from the Prayer List.

**READINGS FOR JANUARY 24, 2010**

**Third Sunday in Ordinary Time**

**Reading I: Neh 8: 2-4a, 5-6, 8-10**

**Ps 19: 8-10, 15**

**Reading II: 1 Cor 12: 12-30**

**Gospel: Lk 1: 1-4; 4: 14-21**

**If Sex is on Their Minds, Put Truth in Their Hearts**

Teens are often thinking about their sexuality as they search for meaning in their lives. Now there's a program for Catholic teenagers based on Pope John Paul II's revolutionary *Theology of the Body* that helps them understand the meaning of their bodies, the significance of their sexuality, the purpose of their lives, and how they were uniquely created for greatness. *Theology of the Body for Teens* is an exciting and dynamic program, that will be offered to High School Sophomores, Juniors, and Seniors at The Well Retreat House, February 26 – 28, 2010. This program will give teens the answers and the tools they need to successfully and safely navigate through life. There will be a parent informational meeting in the church commons at 6:30 p.m. on Sunday, November 22. We hope that you will join us to find out more about this wonderful program. Contact Robyn Dudas at (Contact Parish Office) or Terry Hughes at 625-0208 for more information.

**PARISH MANGER**

If you would like to make a contribution towards the purchase of the newly available statues for the Nativity scene, please use the starred envelopes which may be found on the round table in the Commons.

**CTK Fellowship Luncheon**

This Sunday, January 17, from 12:30 to 2:30 p.m.

Spaghetti, Salad, Garlic Bread

Cost: \$5.00 for ages 5 and up

Tickets will be on sale

January 16 and at the door.

Proceeds from the luncheon will be put towards the Youth Conference and World Youth Day

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**Blood Pressure Screening by our Parish Nurses**  
will be after all Masses this weekend.

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**CTK Annual Youth Yard Sale**

Saturday, April 24

Donations are now being accepted. For more information, please call Robyn at (Contact Parish Office) or Michelle at (Contact Parish Office).

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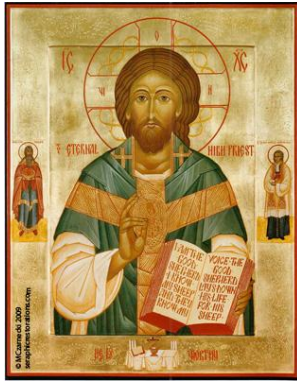
**March for Life**

Please pray for the Thirty-Seventh Annual March for Life which will be held in Washington, D.C. on Friday, January 22

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**Church Cleaning Teams**

Church cleaning schedules for 2010 are on the round table. Thank you very much for all you do.



### *Year for Priests*

**19 June 2009 to 19 June 2010**

Dear Lord,  
we pray that the Blessed Mother  
wrap her mantle around your priests  
and through her intercession  
strengthen them for their ministry.

We pray that Mary will guide your priests  
to follow her own words,  
“Do whatever He tells you” (John 2:5).

May your priests have the heart of St. Joseph,  
Mary’s most chaste spouse.

May the Blessed Mother’s own pierced heart  
inspire them to embrace  
all who suffer at the foot of the cross.

May your priests be holy,  
filled with the fire of your love  
seeking nothing but your greater glory  
and the salvation of souls.

Amen.

Saint John Vianney, pray for us.

#### **For more information, please visit:**

- ❖ <http://www.vatican.va> (Click on “Year for Priests.”)
- ❖ <http://www.usccb.org/yearforpriests/>
- ❖ <http://www.behind-the-collar.com/>  
(Link from the Catholic Diocese of Richmond)
- ❖ <http://www.kofc.org/eb/en//index.html>  
(Type “Year for Priests” in the search box.)

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**The Legion of Mary** is looking for people who pray the Rosary daily. If this includes you, why not become an Auxiliary Member? If interested, call Donna at (Contact Parish Office).

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**Lost and Found:** A pair of gloves, an earring, a ring.  
Please call the Parish Office for more information.

**Christ the King offers free childcare for children** ages six months to four years of age during the 8:30 and 11:30 a.m. Masses. At least one adult who is Virtus trained always staffs the nursery at those Masses. Currently the nursery needs more help. We are short volunteers for the nursery especially at the 11:30 Mass, which is making it difficult to keep the nursery open every weekend. You currently do not have to be Virtus trained to help. If you would like to find out more information or to help out, please come visit the nursery or contact Shannon Hicke at (Contact Parish Office) or (Contact Parish Office).

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**Parish Nurses: Cleaning for a Reason:** If you know a woman currently undergoing Chemo, please pass the word to her of a cleaning service which provides FREE housecleaning - one time per month for four months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service.  
<http://www.cleaningforareason.org>

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**Annual Little Neck Churches’ Christian Unity Prayer Service** will be held this Tuesday, January 19, at Kings Grant Presbyterian Church at 7:00 p.m. (Saint Nicholas Catholic Church, Kings Grant Baptist Church, Kings Grant Presbyterian Church, Saint Aidan’s Episcopal Church, Lynnhaven United Methodist Church) as we pray for Christian unity.

**Saint Columba Ecumenical Ministries, Inc.**  
**Our Food Pantry is still LOW!!** Saint Columba continues to have extremely high numbers of food referrals each month, sometimes over 150! We usually have 90 referrals each month. As such, we continuously need to restock many of the staples we give out in food requests and need your help! Please help us restock with things like **cereal, tuna, macaroni and cheese, soups, canned fruit and vegetables, canned meats, pasta, dried potatoes, rice, pasta, spaghetti sauce, ravioli, beans, jello, peanut butter and jelly!** We are in need of razors, men’s jeans size 32-36 mainly, work pants (sizes, 30, 32, 34), and bottled water. We encourage folks to refill the bottles.

Saint Columba relies on the generous giving of our community to continue to provide to those in need.

<http://www.stcolumbaministries.com/>

Please feel free to contact Alicia at (Contact Parish Office).

**Also, please see the poster in the commons near the American flag. Thank you for all you do!!!**

☪ ON-GOING GROUPS ☪

**Scouting:** Please contact the Parish Office.

**Justice and Peace:** Join us in the commons on the third **Tuesday** of each month from 7:30 to 8:30 p.m. Help us make a difference in the world around us. For further information, please call Wendy Mallory @ (Contact Parish Office).

**Wednesday Women's Bible Study:** After taking a break for the Christmas Holiday, we will begin again this Wednesday, January 13, with our new book, *Courageous Love, A Bible Study on Holiness for Women*. If you've been waiting so you wouldn't come in the middle of a study, we're at the beginning again! Please join us from 9:30 -11:00 a.m. at the home of Michelle Gray. Any questions regarding the book OR the flavor of coffee served, please contact Michelle Gray at (Contact Parish Office).

**CTK Sunday Women's Bible Study:** We are studying *Women in the New Testament* in the school from 9:45 to 11:15 a.m. This is a great opportunity to study God's Word, pray, and enjoy fellowship. Feel free to join us. For information, please contact Theresa Rozelle at (Contact Parish Office).

**Sunday Morning Bible Study** meets from 10:00 to 11:00 a.m. in the Bible study room. We will be reading and discussing Luke's Gospel and how it relates to our lives today. All are welcome. Contact: Steve Cyr: (Contact Parish Office).

**The Spirit of God Catholic Charismatic Prayer Group** meets on Wednesdays from 7:00 to 8:30 p.m. in the Upper Room Lobby. Contact Steve or Trish Cyr at (Contact Parish Office). All are welcome to attend.

**The Legion of Mary** meets on **Wednesdays** at 7:00 p.m. in the church commons. If interested, please contact Donna at (Contact Parish Office) or Enida at (Contact Parish Office).

**The Knights of Columbus Council 367** business meeting is held the first Wednesday of the month; social meeting is held on the third Wednesday of the month, both at the Knights' Hall at 5201 Kennebeck Avenue in Norfolk. For more information, please call Rich at (Contact Parish Office).

**Catholic Daughters of the Americas**, Court Norfolk 1212 meets on the third **Sunday** of the month at 2:00 p.m. at Memorial Hall behind Saint Pius School. For more information, please call Pat at (Contact Parish Office).  
<http://www.catholicdaughters.org/>

**Church Cleaning Teams:** Team Three will clean on Wednesday, January 20 at 9:00 a.m. If you are interested in helping out with any of our Teams, especially Team Four, (one Thursday a month at 4:30 p.m.), please contact the parish office.

**ANGEL TREE 2010**

Please remember to save your Christmas cards to make ornaments for our next Angel Tree.  
Please do not cut or tear the cards.  
A basket is provided under the round table.  
Thank you for your contributions.

☪ CTK SCHOOL ☪

**School Lunch Program:** CTK School participates in the National School Lunch Program under USDA. Applications for free and reduced lunches are available in the school office, cafeteria office, or the school website.

**GRANTS RECEIVED:** We are happy to announce that we have received several grants for the school:

\*\$10,000 from the American Academy of Dermatology for a shade structure for our playground.

\*\$10,000 for our Special Education Program --

\$5,000 from the Raskobb Foundation & \$5,000 from the Bishop's Appeal

\*\$5,000 from Bon Secours Health System for an Alumni Newsletter

We have also received over \$70,000 in donations towards tuition assistance -- \$60,000 of which was from the Barry Robinson Foundation.

A donation was also given to aid us in developing a program for the Gifted & Talented.

**We are still taking applications for the school year 2009-2010 but space is limited so call to arrange a tour.**

☪ ☪ ☪ Floral Dedications ☪ ☪ ☪

Anyone can dedicate flowers for our Sanctuary.

Arrangements are usually \$65.00.

For more information, please contact Jeanette at (Contact Parish Office).

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**Saint Benedict's Chapel of Chesapeake** sponsors a Group

Rosary for the end of abortion at the Norfolk Planned Parenthood office **every second Saturday of the month at 10:30 a.m.** Norfolk Planned Parenthood is located at 425 West 20 Street, Norfolk, VA 23517. Additional participants would be most welcome. The Rosary is led by Saint Benedict's pastor Father Nichols. This time is dedicated to peaceful and family- friendly prayer; no picketing or signs are used. For more information you may contact Dave or Traci Roddy at (Contact Parish Office) or (Contact Parish Office).

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**The January Poor Box** will benefit Saint Columba Ministries. This organization is a direct hands-on ministry reaching out to the poor and dispossessed in our area. Saint Columba is always in need of volunteers and gladly accepts sandwiches which are given out each day to their clients.

For more information please contact Alicia @ (Contact Parish Office).

Thank You from Justice and Peace!

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**The Brick Drive is still on** – come and see the cross in the patio outside the school cafeteria!!! We are continuing to take orders for Brick Messages – messages memorializing loved ones, giving thanks, simply stating families' names, or any sentiment dear to your hearts. All proceeds are going directly to the Building Fund. Payment of \$100 for a brick can be made in cash, with checks payable to the "CTK

Building Fund”, or by credit card. Order forms are available in both the school and church offices. Questions can be directed to the school or church offices. Thank you in advance for your support!

☞ CTK SCHOOL PTO ☞  
Cougar Cash News

A **HUGE** thank you to all of you who used Cougar Cash to complete your holiday shopping! Your support has been tremendous! Using Cougar Cash to make your purchases, for gas, food, and other everyday needs (and wants) can benefit the school without costing you any extra money. Get your friends and family to purchase, too!

You can stop by the table in the commons after Masses, or the table in the main lobby of the school from 7:45-8:15 a.m., or go on-line at [www.shopwithscrip.com](http://www.shopwithscrip.com) and get your supply of gift cards. CTK’s enrollment code is 88E9B34112774. Friends and family can also enroll and shop on line. If you want the rebate from your purchase to go to a specific family, put their child(ren)’s name where they ask for student name on the enrollment page. Otherwise rebates go into the general fund to help all.

Merry Christmas and Happy New Year!

Questions....contact Elizabeth Kukanich at (Contact Parish Office) or (Contact Parish Office).

Harris Teeter VIC Cards... Now is the time to reactivate your Harris Teeter VIC card to donate to CTK. Please see the Harris Teeter customer service desk the next time you are shopping and ask them to connect your VIC card to CTK (account #4393). Or e-mail your VIC card number to (Contact Parish Office) to have it done for you. Be sure to remind other family members, parishioners, and friends to reconnect their cards to CTK.

**Employment Opportunity**

Saint Bridget Catholic Church has an immediate opening for a Youth Minister for youth who are ages six through twelve. To see full job description, please go to [www.richmonddiocese.org/human/](http://www.richmonddiocese.org/human/). Applications are being accepted and reviewed through January 31, 2010. To apply, submit a cover letter, resume, and diocesan application to Saint Bridget Church, Youth Minister Search Committee, 6006 Three Chopt Road, Richmond VA 23226.

**Young Adult Ministry Retreat**

**FOCUS: A Diocesan Weekend Retreat for Young Adults** to hear God’s voice speaking to you in your life. From Friday, January 29, to Sunday, January 31, at Holy Family Retreat Center, 1414 Mallory Street, Hampton VA. An opportunity for prayer, faith sharing, socializing, meditation, and relaxing in the Spirit!! A \$20.00 non-refundable deposit is required for your registration to be confirmed. Final payment must be received in the YAM Office by January 15. Financial assistance is available through the Diocese. For

more information, please contact David Kauffmam at (Contact Parish Office) or (Contact Parish Office).

**Birthright is an emergency pregnancy service** that provides resources and assistance for a woman who may be pregnant. It is staffed completely by volunteers who provide friendship counseling, take and respond to Hotline calls, help with fundraising projects, and assist with determining resources that are available in the community. Interested persons may call Birthright at (Contact Parish Office) or Maria at (Contact Parish Office) for further information.

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**Silent Retreats at Holy Family Retreat House  
on peaceful Mill Creek in Hampton**

Men’s Retreat: June 4-6

Women’s Retreat: May 7-9

Married Couples’ Retreat: February 12-14

Phone: (Contact Parish Office); Fax: (Contact Parish Office); [www.holyfamilyretreat.com](http://www.holyfamilyretreat.com)

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**Rachel’s Vineyard Retreat for Healing after Abortion**

The January 22 anniversary date of Roe vs. Wade may stir up some conflicting emotions in persons who may have unresolved issues of grief surrounding a past abortion experience. A Rachel’s Vineyard Retreat will be held January 29-31 at the Well Retreat Center in Smithfield, VA, sponsored by Saint Joan of Arc Church. The weekend retreat includes spiritual exercises, the Sacrament of Reconciliation, a Memorial Service, a Mass of Entrustment, and is available to men, women, and any person who may have been adversely impacted by an abortion. Participation is strictly confidential and offers a beautiful opportunity to experience God’s love, forgiveness, and compassion. For registration information, please contact Linda Riva at (Contact Parish Office) or (Contact Parish Office). Cost is \$185.00 for meals, private room, and retreat material. Financial assistance is available.

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

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**The Virginia Catholic Conference (VCC)  
Catholic Advocacy Day**

A bus will depart for Richmond on January 28, 2010 for Catholic Advocacy Day.

**From Tidewater:** Depart from Park & Ride (Indian River Road) at 6:30 a.m.; Depart from Immaculate Conception Church (Hampton) at 7:00 a.m.; Arrive at Saint Peter’s Church (Richmond) at 8:30 a.m.

**Return information:** Depart from Richmond at 1:30 p.m.; Return to Tidewater at 3:00 p.m. The tickets are sold *first come, first serve* for \$20.00. Deadline for registration is January 13.

Registration forms are on the round table in the commons.

For more information, please contact our VCC representative,  
Rebecca, at (Contact Parish Office) or (Contact Parish Office)